## **TRAVEL TRAINING**

Access San Joaquin is pleased to offer free travel training within the San Joaquin County service area. In an effort to provide greater independence and increase mobility options for senior citizens and people with disabilities, travel training offers instruction on how to use fixed route public transportation.

The Travel Training program teaches participants to navigate independently to specific destinations, maneuver mobility aids on and off buses, identify landmarks, and travel to and from bus stops using the following services: San Joaquin RTD, Lodi GrapeLine, Tracy TRACER, Manteca Transit, Ripon Blossom Express, City of Lathrop, and Escalon eTrans services.

The program uses a series of gradual steps to build confidence and independence. If you're hesitant to ride the bus, travel training will give you the confidence you need to feel comfortable and in control while riding public transit.

"The bus is easy and convenient. It gives me the mobility independence that I need, when I need it. The drivers are friendly and greet me by name."

James Young San Joaquin RTD passenger

## Enjoy your new freedom! Learn how to travel to locations like these:

- Work
- School
- Medical appointments
- Recreational programs
- Senior centers
- · Grocery store
- Shopping malls
- · Friends and relatives
- Church
- Restaurants



If you or someone you know are interested in receiving travel training, please complete a referral form and submit to Access San Joaquin.

For more information, call (209) 242-9965, or email access@sjrtd.com.