



# Proclamation

## World Mental Health Day

October 10, 2023

**Whereas**, October 10, 1992, was the first year World Mental Health Day was celebrated. Supporters around the world come to together each October 10 to raise awareness by bringing attention to mental health challenges and how they affect people's lives; and

**Whereas**, World Mental Health Day is supported by the World Health Organization (WHO) through raising awareness about mental health challenges across the globe. Close to 1 billion people around the world are living with a mental health disorder; and

**Whereas**, Peer Recovery Services is an organization that serves Mental Health Consumers in San Joaquin County; funded by and in collaboration with San Joaquin County Behavioral Health Services; and

**Whereas**, As part of this celebration, Peer Recovery Services, which operates The Wellness Centers of San Joaquin County, is sponsoring the "Rise Above the Stigma" Mental Health Fair event at Victory Park in Stockton, CA in recognition of the 31st annual World Mental Health Day on Tuesday, October 10th, 2023; and

**Whereas**, Peer Recovery Services has served as a catalyst for the past 15 years by transforming lives as an evidence based non-clinical, peer run mental health organization providing peer support services to consumers of San Joaquin County; and

**Now, Therefore**, I, Gary Singh, Mayor of the City of Manteca, on behalf of City Council, do recognize the month of October 10, 2023 as World Mental Health Day, I encourage all citizens to join together and commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health.

**DATE:** October 10, 2023

  
Mayor Gary Singh

